BE THE CHANGE EARTH ALLIANCE

Action Log of _____

Using this Action Log will make it easy to report to your Circle and enter your Actions into the on-line Action Tracker. It's also interesting to journal your journey of change.

People decide upon varying number of Actions to complete between Circle sessions, depending upon their time and the frequency of the Circle meetings.

Date of Pledge	Value (A-F)	Intention (I-XII)	Action (1 – 20)	Description & notes… how

Journal your experience on the reverse side of this page.
(ie… the steps I took to complete the action. How was that for me…easy? hard? satisfying? What kind of support do I need to continue? Additional Exploration I completed…)