



BE THE
CHANGE
EARTH ALLIANCE

Module Outline

Healthy Children – Healthy Planet

This module explores how the pervasive effects of advertising, media, and our consumer culture can influence a child’s view of the world. Participants discover ways to create meaningful family times and healthful environments for children, explore ways to develop a child’s connection to nature, and to foster creativity.

Session Date	Facilitator	Action Recorder	Snacks	Readings to be read PRIOR to each week’s Circle	Actions Feel free to choose any action(s) from the Action Directory you are drawn to. They don’t need to correlate to the readings. Use them to explore what you are interested in, or know little about. You may choose more than one action if you like. Rewrite the action to be specific for you, as needed. Write in a new action if it is not already there. Act big, act small, but act!
1	Convenor/ Mentor			Foundation Circle. Receiving your course materials Sign up for facilitation	Action: Read through the BTC Action Guide and check off the actions you are Already Doing. See your reflection in this review.
2				Cultural Pressures	B-II, B-III, B-IV, B-IX, B-X, C-I, C-IV, D-I, D-V
3				Family Rituals and Celebrations	E-II, E-III, E-IV, E-VII
4				Advertising	B-III, B-V, C-III, D-V,
5				Food and Health	C-V, C-VI, C-VIII, D-II
6				Time and Creativity	C-IV, E-I, E-II, E-III, E-IV, E-V, E-VI, E-VIII
7				Technology and the Media	B-III, C-III, D-IV, D-V, E-II, E-III
8	Convenor/ Mentor			Celebration! No readings this week.	Invite friends, family, and other interested people to share your Circle experience at the celebration. Be sure you’ve entered your Actions into the Action Tracker and celebrate the cumulative impact of your Circle. (See Action Viewer, All Members)

“We could never have love the earth so well if we had had no childhood in it.”

– George Eliot